

Skipping Morning

Skipping is becoming a very popular activity at lunchtime in our school. It is an extremely enjoyable activity undertaken by boys and girls. Many different games can be played using a skipping rope. One Friday morning, our second class students facilitated a skipping morning with the rest of the junior classes. There were five different stations and at each station, a new skipping skill was learned by all participants. For example, we had invisible skipping, pattern skipping, hopping skipping, long rope skipping and paired skipping. Ms. Moynagh had the music blaring and all the students were skipping to the beat! Super skipping was accomplished by all!



