

Swim Ulster Schools Cup Championships



Congratulations to both Lian Moore and Niamh Redmond (pictured above) who took part in the Ulster Swim Championships recently.

Lian qualified for national finals in both her strokes, breast & butterfly.

Niamh reached final in freestyle and qualified for national finals in Feb 2020 in Dublin.

Many thanks also to Lian's mother Bernadette, who looked after all the necessary arrangements.